

Village Times

KERIKERI
RETIREMENT
Village

SEPTEMBER 2022

Hilary Sumpter - Chief Executive



Welcome...

Welcome to Spring 2022! After such a challenging year, it has been fantastic to see our social calendar gradually returning to normal and to see more of our friends from outside the Village.

I have lots of people to thank for their outstanding contributions recently, starting with Rochelle Taylor who did an amazing job organising the Mid-Winter Christmas Dinner in July.

Thanks also to Karen Hawtin for continuing to drive activities and outings for our Village residents and to our hairdressers, Wendy and Sue, whose innovative approach has enabled them to continue operating safely while adhering to a myriad of Covid restrictions.

I'd also like to recognise Jan Gough, our 'retired' Chaplain who has returned temporarily until we recruit a new Chaplain after Steve Lewis moved away from Kerikeri. We've had some other familiar faces reprising their roles with Nurses Laura Roberts rejoining us after a stint at BOI Hospital and Shy Chavez returning from maternity leave following the birth of her second child.

There's also lots of new faces about with a steady stream of residents moving into the apartments. We'd also like to welcome Jarrah Tuoro who steps into the role of Clinical Nurse Manager. Jarrah, who recently moved here to be near family, brings a wealth of skills and

experience and is already proving to be a real asset to the Village.

In August, some of our Senior Managers attended the Retirement Village Association and NZ Aged Care Association Conference. After a two-year hiatus, they were excited to hear all about the latest developments that will help us to improve life for our residents.

Looking ahead, our new Community Centre plans are taking shape with completion planned for the end of 2024.

I look forward to catching up with you all as weather improves and we learn to live with this next phase of Covid.

Meet our new Clinical Nurse Manager Jarrah

We'd like to welcome Jarrah Tuoro onboard as our new Clinical Nurse Manager.

Jarrah is focused on delivering effective, resident-focused, safe nursing care in collaboration with whanau/family.

She is responsible for managing the Registered Nurses and Healthcare Assistants and also handles all the reporting to the District Health Board and Ministry of Health.

Jarrah has a Bachelor of Nursing and has worked in Aged Care for over 10 years including in orthopaedic, surgical, and general medical care.

Originally from South Auckland, Jarrah spent many years as a Staff Nurse on the Over 65 Assessment, Treatment and Rehabilitation Ward at Middlemore Hospital and was one of the first nurses to go through the Nurse Entry to Practice Programme. She later worked as an Orthopaedic Nurse at Rotorua Hospital.

After moving to Australia Jarrah took a role as a general nurse in a prison which she describes as "a real eye opener" and something she won't soon forget.

Following that, she spent two years as the Facility Manager of a large Aged Care Facility in Victoria.

She returned to NZ to be closer to her whanau, whenua and tipuna. She and her partner, who also works at the Village, love rugby, fishing and diving. Jarrah often puts her catch to good use in her signature dish of seafood chowder served with homemade garlic bread.



Falls Prevention Classes

Tania from Sport Northland led two well attended Falls Prevention Workshops in the Social Centre. As part of the training we were taught how to lessen the impact if we fall and the best ways to help someone up after a fall.

Sport Northland supports and encourages residents to attend their Strength & Balance Workshops which are designed to help prevent falls by improving fitness and balance.

We have an active group that meets at 10 am Mondays in the Social Centre led by resident Gillian Preece. If you would like to do the exercises at home, please contact Karen Hawtin for a free DVD



MONDAY MUSIC

Every Monday at 2pm our residents, friends and family gather in the Pavilion Lounge to enjoy some live music and a singalong.

Karen Hawtin and various staff often perform on ukulele. Colin Horsfall entertains on the piano accordion and apartment resident Ann Plowright accompanies on piano. Ann who has been playing since she was 7, went on to graduate from London's Royal Academy of Music and in addition to becoming a mainstay at this group, has performed many concerts for us.

The halls resound with the sounds of singing and enjoyment and for many this event is the highlight of their week. Anyone interested is welcome to join the fun.



Happy 103rd Birthday to Dorothy Evans



Welcome to...



Dianne Paterson



Harry Wynnychuk

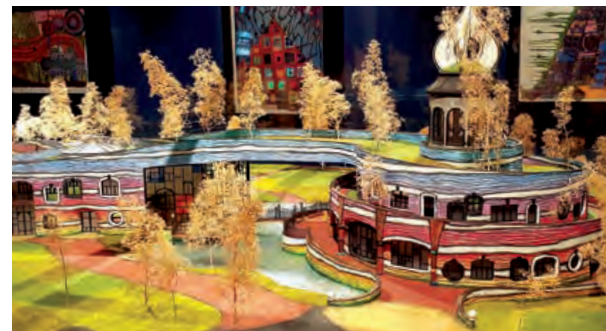
Hundertwasser Trip

Most of us know Hundertwasser was an artist and an architect of some influence, but few of us really appreciated the full scope of his work or achievements until we visited the new Whangarei Arts Centre.

We saw extraordinary examples of his paintings, models of some of his buildings, and documents citing his passion for nature and how that linked to his vision of architecture. He was amongst the first to experiment with forested roofs and to understand the thermal and audio insulation properties of that construction method.

Hundertwasser lived in New Zealand from 1973 - 2000 and has had a lasting impact on our Northland Community and in particular Kawakawa where he resided.

After some time in the Centre, we saw the amazing clock in the Town Basin and enjoyed a leisurely lunch at Riverside Cafe.



Citrus Celebration

Many years ago, before it was developed, Head Gardener Frank Lewis planted Hannah Place as an orchard because he thought that if you lived in Kerikeri, you should be able to pick your own citrus.

As our housing expanded the various fruit trees were relocated around the Village and more species were added. Nowadays our orchard includes lemons, mandarins, oranges, tangelos, pears, plums, apples, peach, limes, tamarillos, bananas, guavas, grapefruit, persimmons and feijoas. Most are in our residents' gardens with many happy to share their crop.

In recognition of this abundance, our current Head Gardener, Deb Condron, decided to hold a Citrus Celebration. We used the citrus to bake, preserve, create and share. A morning tea of delicious treats such as lemon drizzle cake, orange and blueberry cake and lemon meringue was accompanied by hot lemon, ginger and honey drinks.



BOOK CLUB

Our Village Book Club meets the second Thursday of each month in the Pavilion Lounge. It's a chance for residents to bring along their favourite books and share what made it so enjoyable.

The Village has three excellent libraries. The largest is located in the Social Centre, while the others can be found in the Pavilion lounge and the 127 apartments lounge. They contain a good selection of new and large print books which have been generously donated by residents and the community. We are always grateful for more so if you have any unwanted books in good condition, please drop them at reception.





'Bubble Man' Keith



Thursday Food Group

Out & About

Out for a stroll, our Walking Group encountered 'Bubble Man' Keith who demonstrated his skills and gave us a tour of his garden.

Our Food Group meets on Thursdays in the 127 Apartments Lounge where they swap recipes, prepare and enjoy meals together.

We celebrated Queen's Birthday with a high tea arranged by Karen Hawtin and a concert by apartment resident Ann Plowright.

Our Cottage & Apartment Residents thoroughly enjoyed a stroll down memory lane during a recent visit to Matthew's Vintage Car Museum.



Queen's Birthday Celebrations



Ann Plowright Concert



Our residents enjoyed seeing the memorabilia and vintage cars at Matthew's Vintage Car Museum



DIARY DATES

UPCOMING EVENTS

SEPT 9TH - 10AM

Resident's bus trip to Roland's Wood followed by lunch at Chang Siam. Meet at Reception

SEPT 23RD - TIME TBC

Resident's bus trip to the Spring Flower Show. Meet at Reception. Departure time TBC. See Reception for details

TUES OCT 4TH - 5PM

Community Dinner in the Social Centre. Catering by Neat Eats. All welcome

REGULAR WEEKLY EVENTS

SIT FIT

Mondays at 10am in the Social Centre

MUSICAL MONDAY

Mondays at 2pm in the Pavilion. All welcome to play and/or join in the singing

SHORT STORY WRITER'S GROUP

Sundays at 2pm in the Pavilion

BOOK CLUB

2nd Thursday of each month at 2pm in the Pavilion